

# Cybersecurity Landscape of Healthcare in 2022 and Preparation for 2023

醫療保健業的網絡安全展望 2022 及迎接 2023

## Fuller Yu

Chief Information Security Officer (CISO), Hospital Authority

Co-Chair of Cyber Security Work Stream, Global Digital Health Partnership

Ex-Co Member of Cybersecurity Specialist Group, HK Computer Society

October 2022



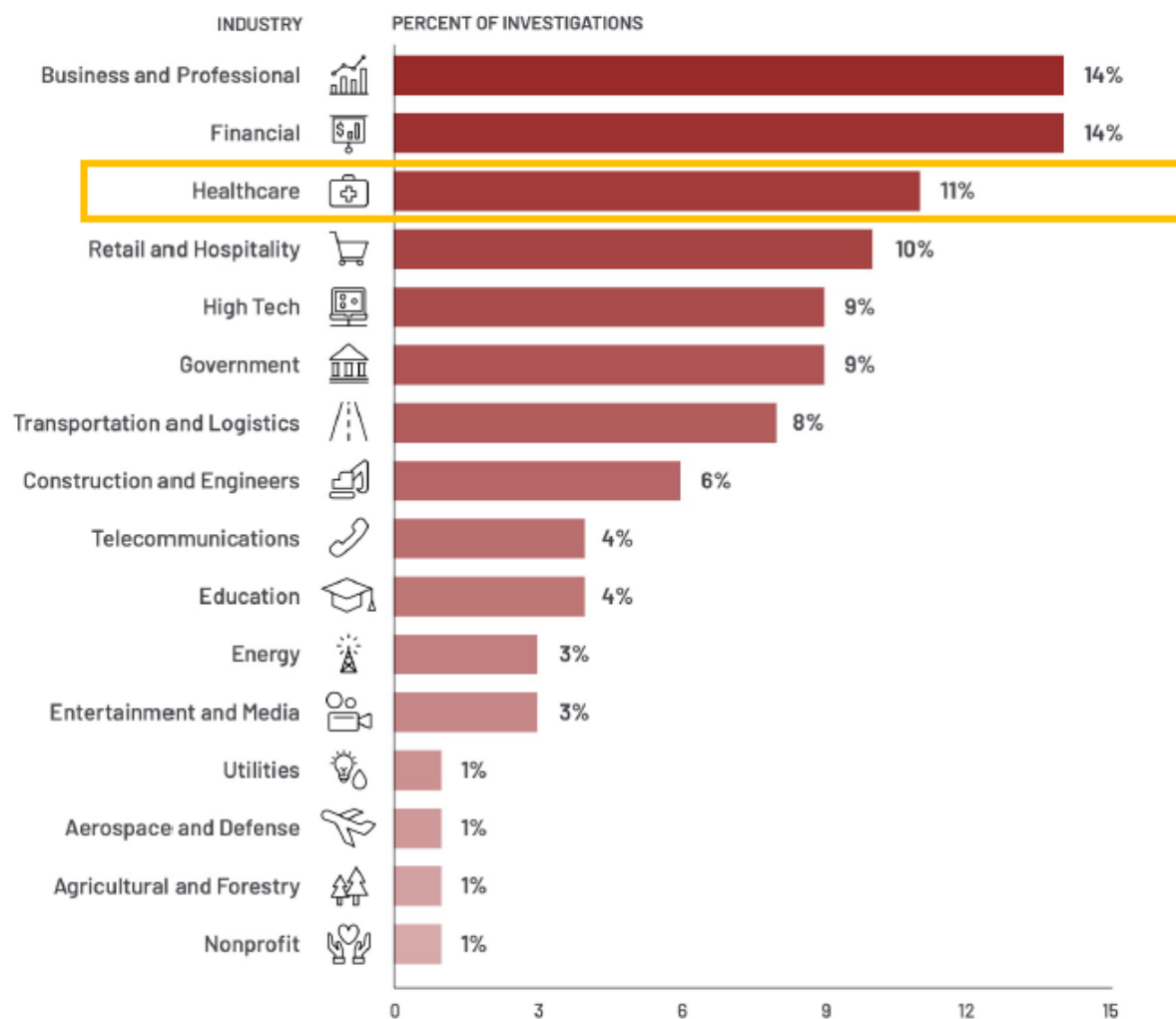


# The Cyber Landscape in 2022

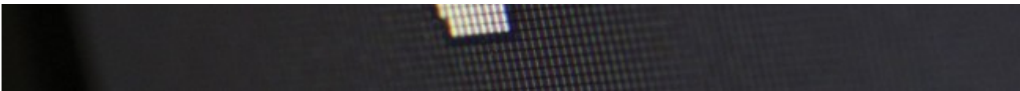


# Healthcare is one of top 3 most attacked industries globally

Which Industries Are Under Attack?



# Ransomware Attacks are prevailing in HK



## Over 750,000 ransomware attacks HK firms monthly

Ransomwares like Revil and TrickBot were the usual suspect.

More than 750,000 ransomware attacked organisations in Hong Kong every month on average between April and June 2021, cybersecurity firm, Fortinet, reported.

### 冒名發欺詐電郵 稅務局籲勿開啟已交警方調查

🕒 2022-06-06 19:18 🖨️ 列印 📄 文字大小



稅務局呼籲市民留意聲稱由該局發出一封標題為「Your Annual Tax Refund Is Ready」的欺詐電郵。資料圖片

資安 · 私隱 BizIT

## 思科：港企近七成受勒索軟件攻擊 將夥香港警察守網者推自我檢測

2022-09-06 | Updated: 2022-09-07

分享



hket  
香港經濟日報

☀️ 32°C 香港時間：2022年9月26日 (週一) 16:28 | 📶

🕒 昔日新聞 | 🏠

熱門關鍵字：ATMX 新經濟股 收息 騰訊 阿里巴巴 滙豐 上車盤 退休規劃

專題：退

🏠 即時新聞 財經 理財 科技 中國 國際 商業 回歸25周年 大灣區

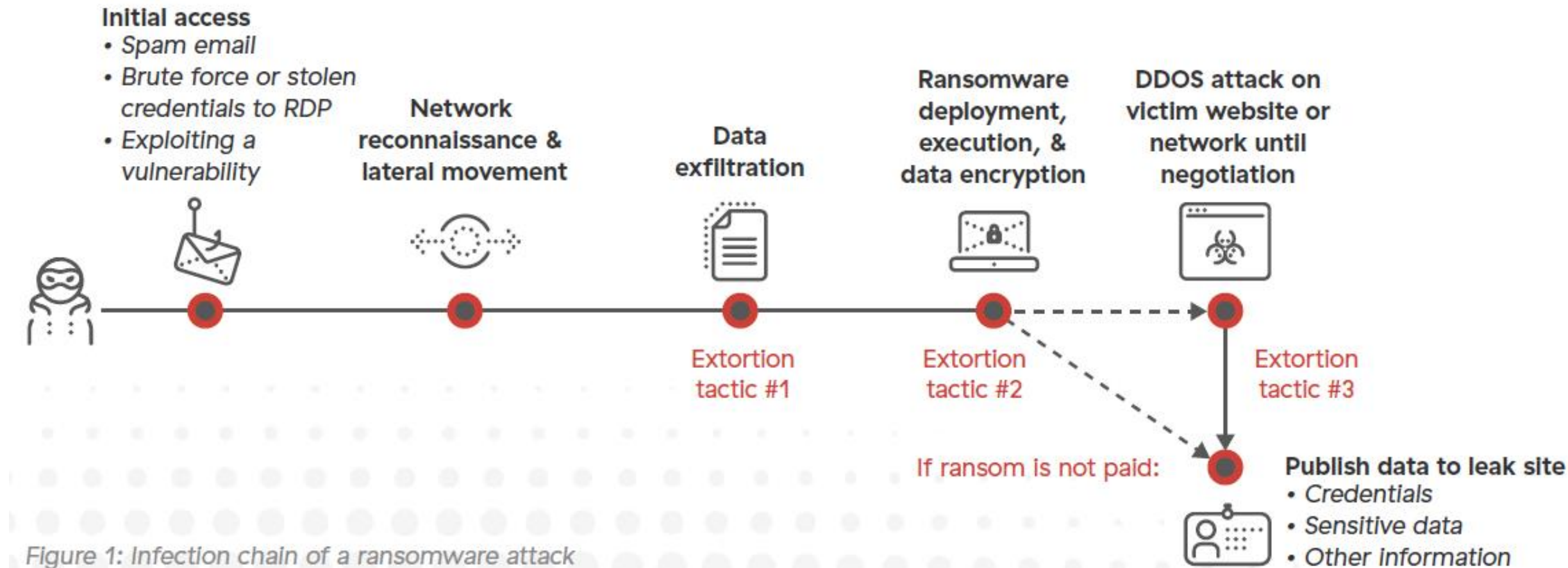
## 【網絡威脅】如何提升終端保安 應對涵蓋勒索軟件的網絡威脅

📅 科技 09:00 2022/08/15 👍 讚好 0

另外，2021年首三季的香港勒索軟件攻擊數量已超越2020年全年，達到等同該年數字的105%。同年亦約有38%經分析的數據外洩事故由勒索軟件引起，數字較2020年上升3%。由此可見，勒索軟件早已遍佈全球，成為不可忽視的網絡威脅。

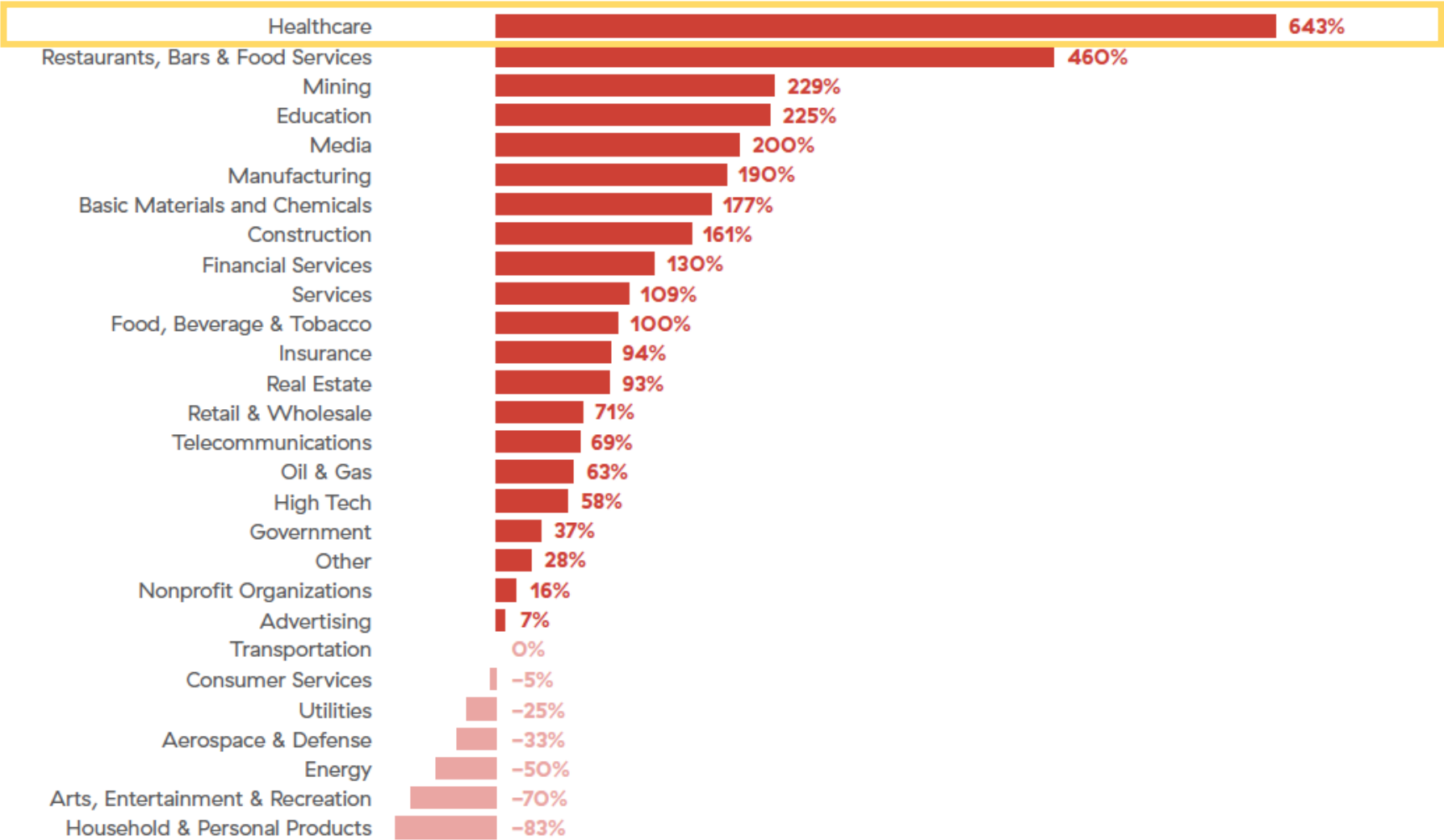


# A Typical Infection Chain of a Ransomware Attack



# Healthcare suffered double extortion attacks the most

Percent change in double extortion attacks: 2021 vs 2020



# Ransomware attacks are more and quicker

How Fast Are Ransomware Actors?

PERCENTAGE OF MANDIANT INVESTIGATIONS INVOLVING RANSOMWARE

**12.5% → 38%**  
IN 2020 IN 2021

APAC MEDIAN DWELL FOR RANSOMWARE

**9**

DAYS IN 2021

APAC MEDIAN DWELL FOR NON-RANSOMWARE

**38**

DAYS IN 2021

Dwell time is the length of time between initial intrusion and detection of an intrusion

# Why Ransomware is so attractive to the cyber criminals?



## Supply chain attacks

that exploit trusted vendor relationships to breach organizations and multiply the damage of attacks by enabling threat actors to hit multiple (sometimes hundreds or thousands) of victims at the same time.



## Ransomware as a service

that uses affiliate networks to distribute ransomware on a wide scale, allowing hackers who are experts in breaching networks to share profits with the most advanced ransomware groups.



## Multiple-extortion attacks

that utilize data theft, distributed denial of service (DDoS) attacks, customer communications, and more as layered extortion tactics to increase ransom payouts.



# FIN12 RYUK Ransomware

## FIN12 VICTIMOLOGY OVERVIEW

### FIN12

Who is FIN12?

**Attacking :** Since At least 2018

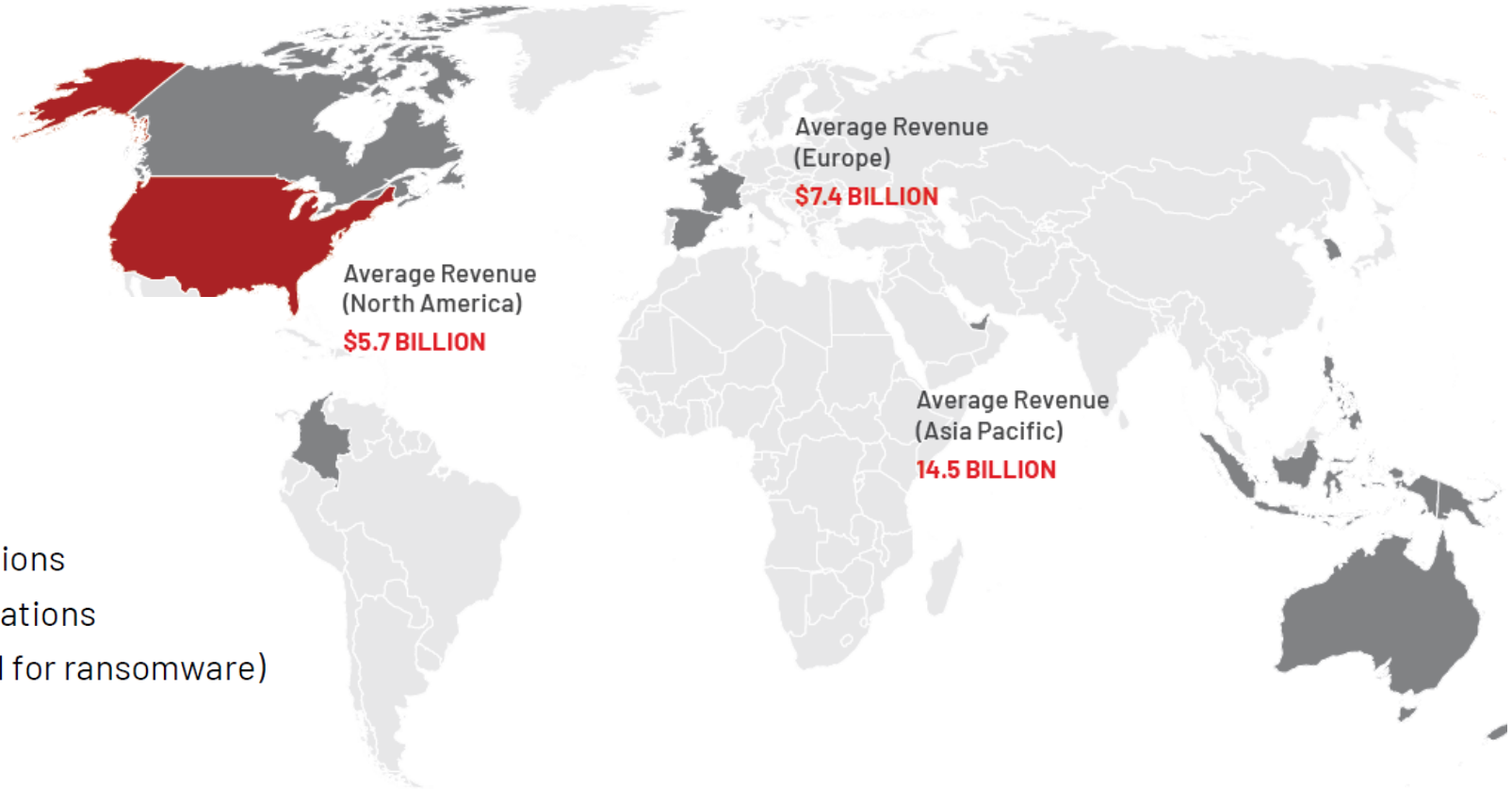
**Aligned to :** RYUK Ransomware

**Volume :** 20% of Mandiant's Ransomware Investigations

**Notable :** Prioritizes on Speed, lacks data theft operations

**Median Dwell Time :** <2 Days (vs 5-day average dwell for ransomware)

**Targets:** Healthcare is one of the target industries



PRIVATE  
SECTOR  
83%

PUBLIC  
SECTOR  
17%

#### MOST FREQUENTLY TARGETED INDUSTRIES



HEALTHCARE



MANUFACTURING



EDUCATION



TECHNOLOGY



FINANCIAL

# FIN12 is targeting Healthcare Industry

Who is FIN12?

**Data Breach**  
Prevention. Response. Notification. TODAY

Topics ▾ News ▾ Training ▾ Resources ▾ Events ▾ Jobs ▾

TRENDING: Live Webinar: 4/26 | Transforming Third Party Risk •

Critical Infrastructure Security , Cybercrime , Cybercrime as-a-service

## FIN12 Ransomware Attacks Aggressively Targeting Healthcare

Mandiant Report Says Threat Actors Deploy Ryuk, Leverage Initial Access Brokers

Marianne Kolbasuk McGee (HealthInfoSec) • October 11, 2021

## The Hacker News

Subscribe to Newsletter

Home Cyber Attacks Vulnerabilities Offers Contact



## Ransomware Group FIN12 Aggressively Going After Healthcare Targets

October 08, 2021 Ravie Lakshmanan

**DARK**Reading

SUBSCRIBE

LOGIN/REGISTER

The Edge

DR Tech

Sections

Events

Resources



Attacks/Breaches | 5 MIN READ | ARTICLE

## Rapid RYUK Ransomware Attack Group Christened as FIN12

Prolific ransomware cybercrime group's approach underscores a complicated, layered model of cybercrime.

# 2022-2023 Predictions on Cyber Landscape



Ransomware as a service will continue to increase



Changing ransomware models will lead to changing targets



Dwell time will continue to decrease



Supply chain attacks will increase as adversaries compromise partner and supplier ecosystems



Ransomware will be used as a wiper to destroy data in the increasing geopolitical tensions



# Prepare for 2023



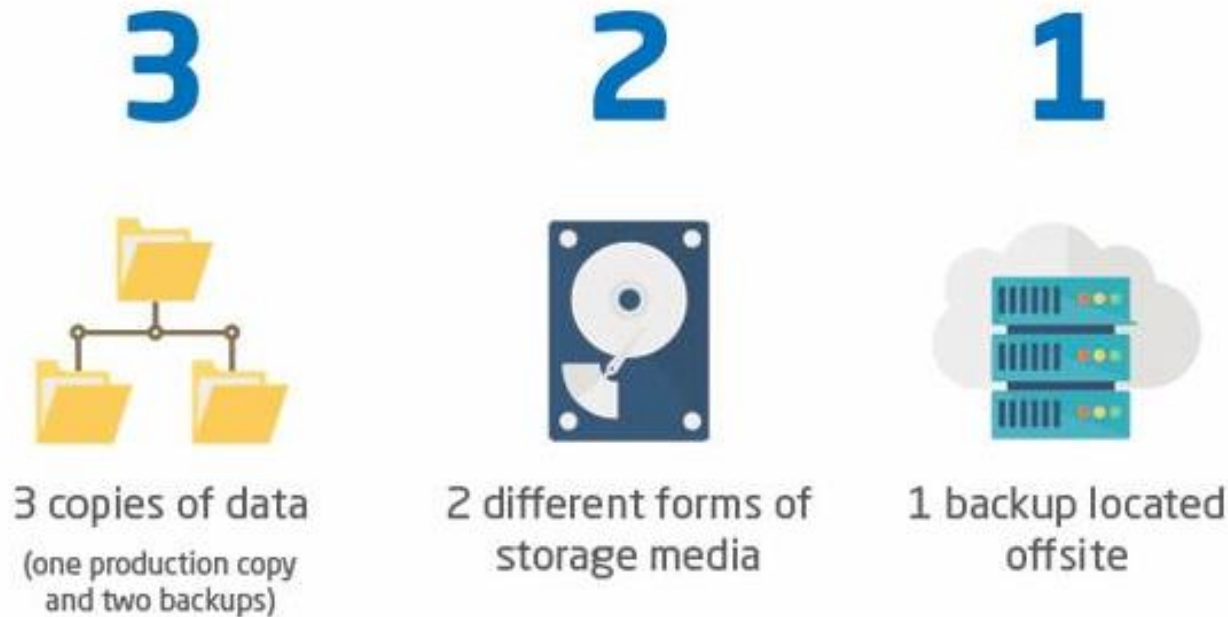
# Get the basic right to avoid being low hanging fruit



Source: HKCert.org

# Prepare for the worst – Backup, Backup, and Backup

- ▶ Implement 3-2-1 Backup Strategy
- ▶ 3 copies on 2 different media with 1 at offsite
- ▶ Restore your backup regular to ensure it is working
- ▶ Establish, test and update the recovery plan with business and users





**90% of all cyber attacks begin with a phishing email**



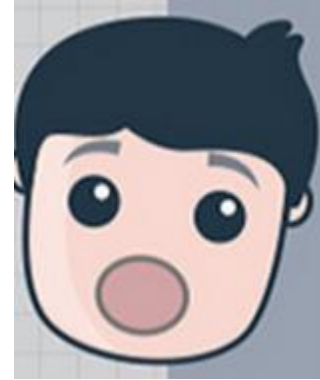
# Tips to Spot Phishing Email 網路釣魚 全攻略



# Tips to spot Phishing Email 網路釣魚 全攻略

**Greed**

邊有咁大隻  
蛤乸隨街跳

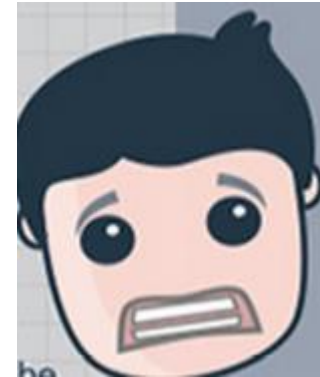


**Urgency**

十萬火急  
幫緊你

**Curiosity**

開心些牙



**Fear**

怯 你就輸成世



# Greed 邊有咁大隻蛤乸隨街跳



啲人成日話，  
邊有咁大隻蛤乸隨街跳  
有，就係你。

# Greed 邊有咁大隻蛤乸隨街跳



## CONGRATULATIONS!!

Your Email was selected in Powerball Lottery Draw with the sum of 1.5million dollars. Kindly send your Full Name, Address and Phone Number for claims.

Yours Sincerely  
Mr. James Hodges  
Head Of Operations

## BETTER PART TIME JOB OFFER FOR STUDENT AND STAFF

Avila Rebecca <avilaword7272@gmail.com>

to Susanhancock002 ▾

Hello,

Would you love to work as a Mystery Shopper in your location for \$400?  
Your job is to sit down at service tables. Pay is \$400 per assignment, and each assignment requires 20-30 minutes of your time at a store plus time to write up your post visit reports. CliKk the link below for registration:

<https://form.myjotform.com/82564185981569>

Regards  
susanhancock  
Richfeild Evaluation Co.

# Urgency 十萬火急 幫緊你





# Urgency 十萬火急 幫緊你



DHL Express,

Dear Customer,

you have a package pending delivery in Terminal 1! due to the unpaid shipping cost.

[Please complete the shipping transaction](#)

[Confirm the payment 2.99 AUD of the shipment to be able to deliver it](#)

Note: the package will be returned within 48 hours if no action has been taken.



Your Account PayPal is Limited, You Have To Solve The Problem In 24 Hours.

Hello PayPal Customer,

We are sorry to inform you that you can't access all your paypal advantages like sending money and purchasing, due to account limitation .

**Why my account PayPal™ is limited?**

Because we think that your account is in danger from stealing and unauthorized uses .

**What can I do to resolve the problem?**

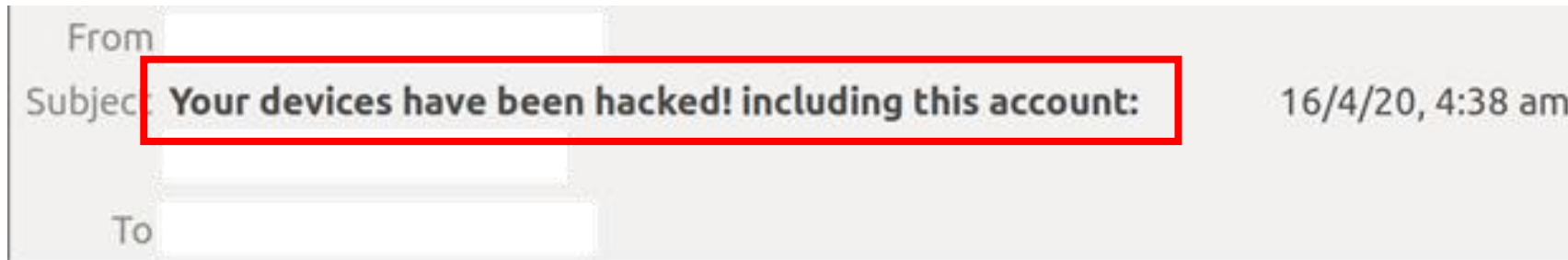
You have to confirm all your account details on our secure server by clicking the link below and following all the steps

[Confirm Your Information](#)

# Fear 怯 你就輸成世



# Fear 怯 你就輸成世



Hi, stranger!

I hacked your device, because I sent you this message from your account.  
If you have already changed your password, my malware will be intercepts it every time.

You may not know me, and you are most likely wondering why you are receiving this email, right?  
In fact, I posted a malicious program on adults (pornography) of some websites, and you know that you visited these websites to enjoy (you know what I mean).

While you were watching video clips,  
my trojan started working as a RDP (remote desktop) with a keylogger that gave me access to your screen as well as a webcam.

Immediately after this, my program gathered all your contacts from messenger, social networks, and also by e-mail.

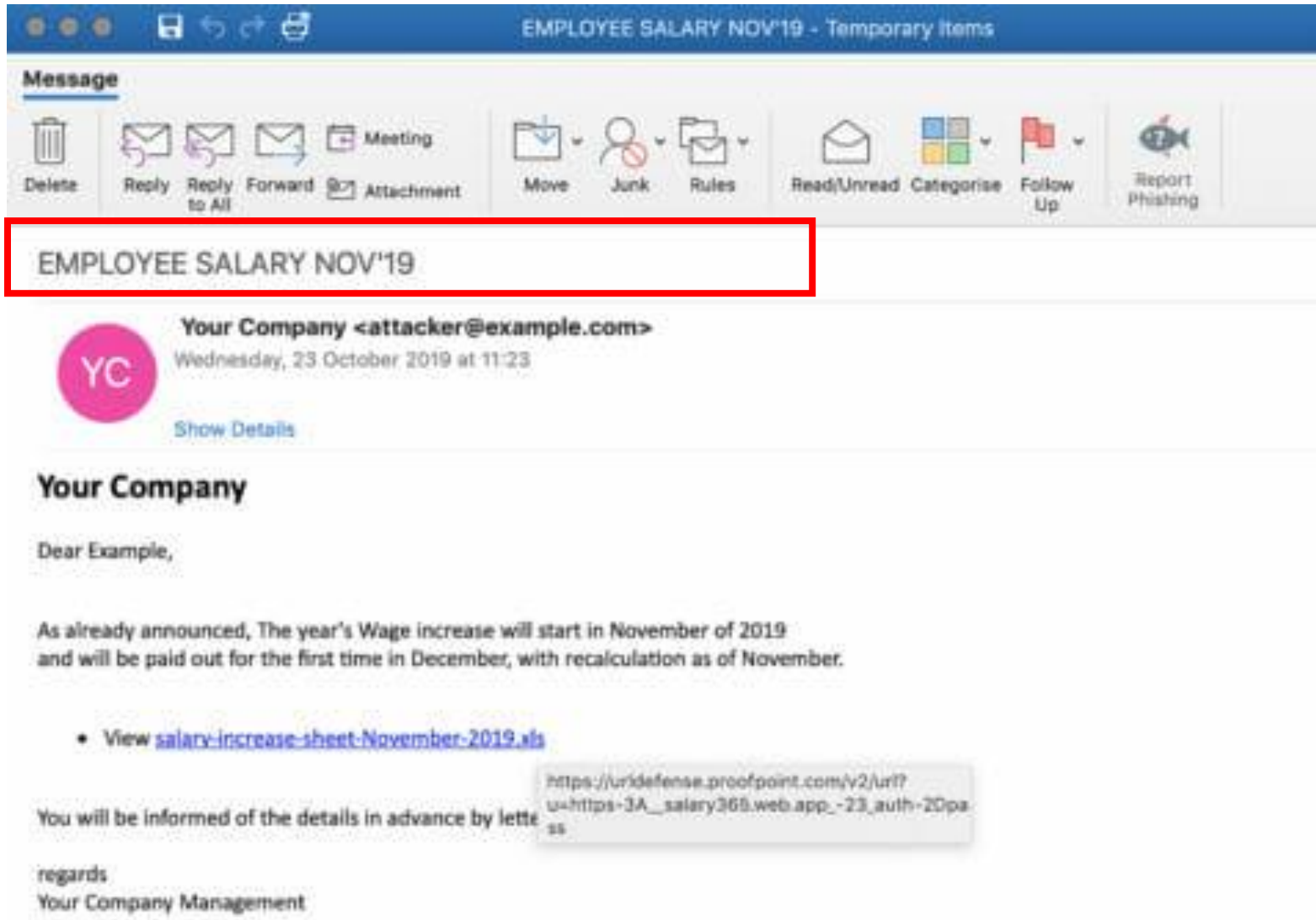
What I've done?  
I made a double screen video.  
The first part shows the video you watched (you have good taste, yes ... but strange for me and other normal people),  
and the second part shows the recording of your webcam

# Curiosity 開心些牙





# Curiosity 開心些牙



# Tips to spot Phishing Email 網路釣魚 全攻略

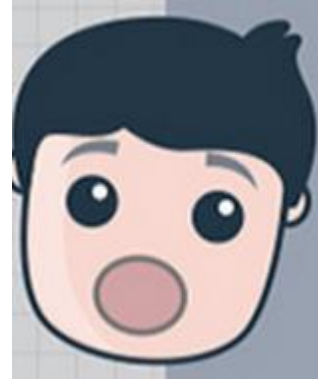
**Greed**

邊有咁大隻  
蛤乸隨街跳



**Urgency**

十萬火急  
幫緊你



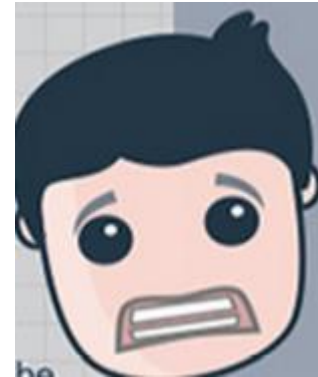
**Curiosity**

開心些牙



**Fear**

怯 你就輸成世



# Don't click when in doubt – 6-sec Rule

- ▶ Waiting for 6 seconds for your clear brain, then ask yourself
- ▶ What is the email trying to get me to do?
- ▶ How is it trying to get me to do it?



# Strong Password 強化密碼 全攻略





# AMOUNT OF TIME TO CRACK A PASSWORD

7 CHARACTERS  .29 milliseconds

8 CHARACTERS  1 - 5 hours

9 CHARACTERS  11 hours - 5 days

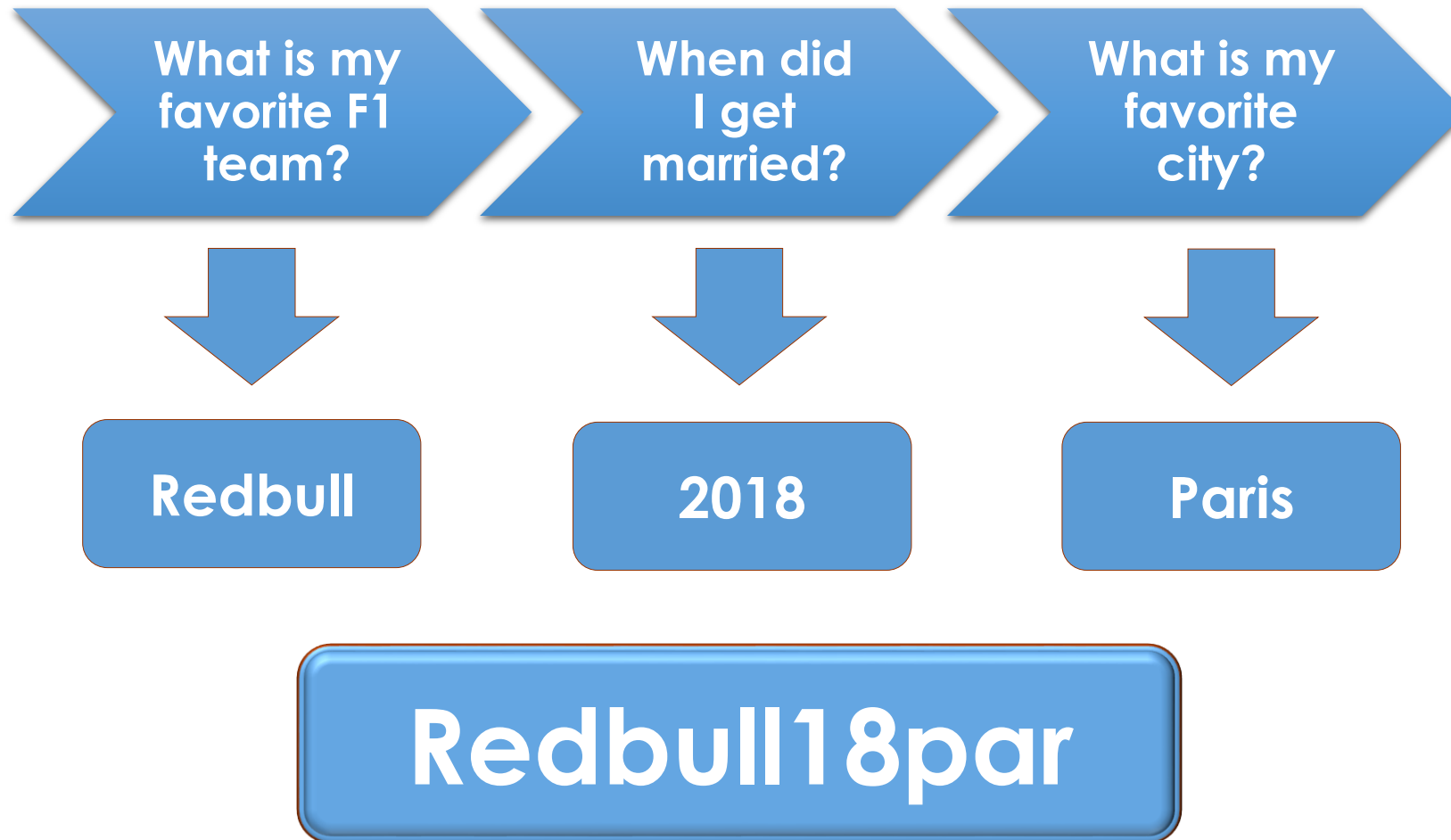
10 CHARACTERS  3 - 4 months

11 CHARACTERS  1 decade

12 CHARACTERS  2 centuries

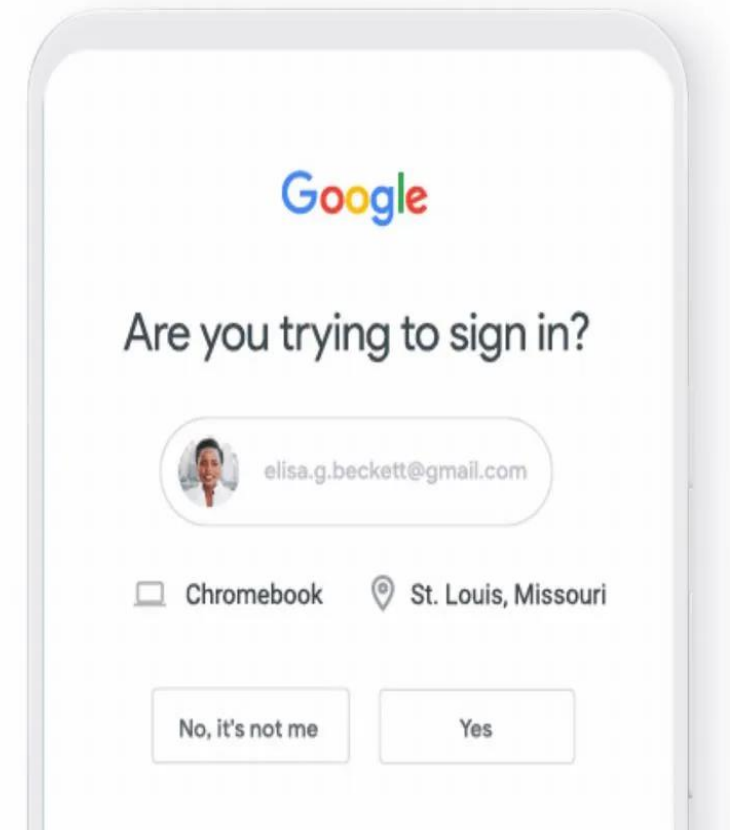
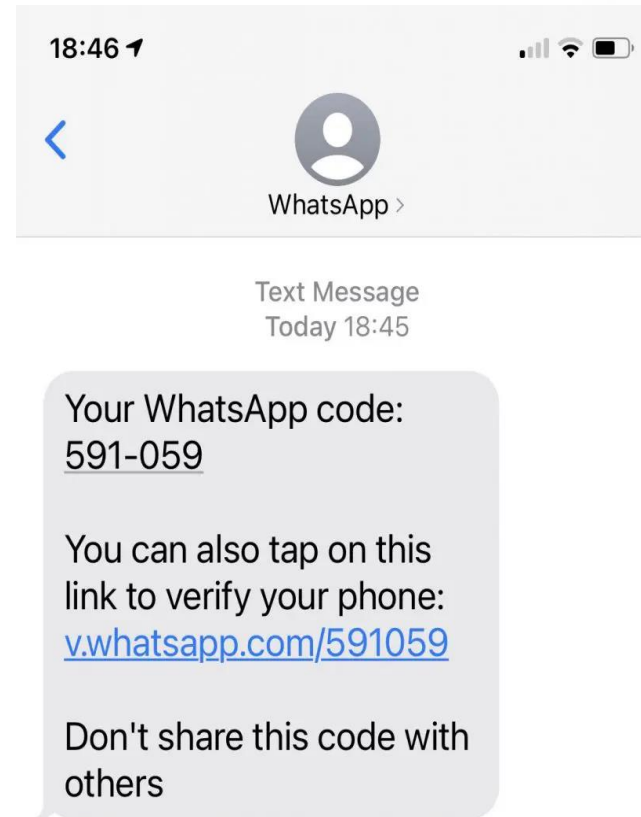
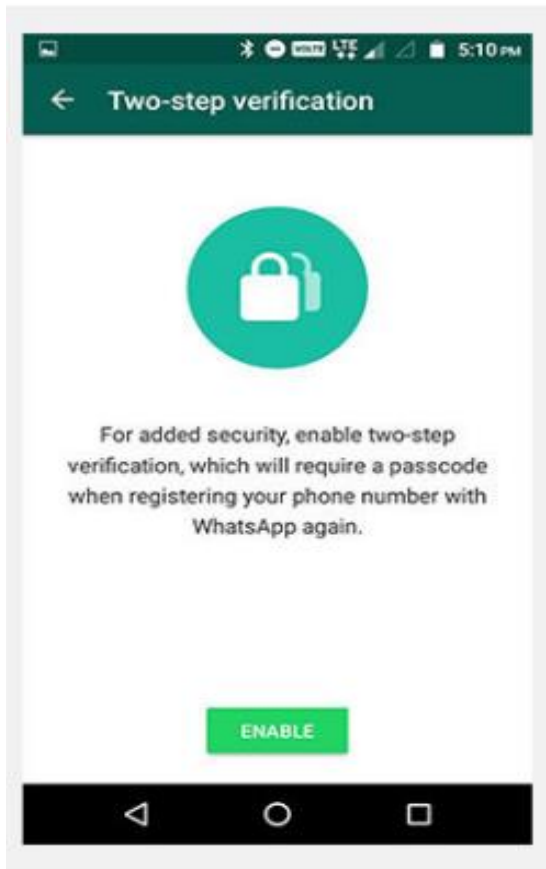
# Create a Strong but East-to-remember Password

Think a few personal questions which only can be answered by YOURSELF



# Enable 2-Factor Authentication

... and never disclose your OTP to anyone!



# Collaboration with your trusted partners



## Health Bureau

The Government of the Hong Kong Special Administrative Region  
of the People's Republic of China



## 香港警務處

## 網絡安全及科技罪案調查科

Hong Kong Police Force

Cyber Security and Technology Crime Bureau



## 香港個人資料私隱專員公署

Office of the Privacy Commissioner  
for Personal Data, Hong Kong



## 醫院管理局

HOSPITAL  
AUTHORITY





***Thank you!***

